

SA Champs 2019 Long Olifantsgeraamte West

Results - M12 (1.5km, climb 40m)

1	(44)	Tshepo Mohloana	POC	0:19:27
2	(39)	Mothobi Mapheto	POC	0:31:41

SA Champs 2019 Long Olifantsgeraamte West

Results - M16 (4.4km, climb 220m)

1	(72)	Matthew Venter-Clelland	RACO	1:03:54
2	(21)	Matthew Dos Santos	RACO	1:10:27
3	(53)	Simon Pienaar	RACO	1:13:58
4	(46)	Connor Morrison	RACO	1:15:42
5	(45)	Cameron Morrison	RACO	1:24:21
6	(70)	Liam Venter	RACO	2:44:38
	(24)	Gabriel Ferreira	ROC	DISQ

SA Champs 2019 Long Olifantsgeraamte West

Results - M20 (7.8km, climb 350m)

1	(31)	James Hancock	RACO	2:25:53
	(40)	Phishagelo Masui	POC	DISQ
	(23)	Cameron Ferreira	ROC	DISQ
	(49)	Mahlogonolo Mphahlele	POC	DISQ

SA Champs 2019 Long Olifantsgeraamte West

Results - M21A (6.8km, climb 290m)

1	(63)	Eben Uys	PenOC	2:20:08
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Results - M21E (9.8km, climb 400m)

1	(9)	Timothy Chambers	PenOC	1:31:47
	(66)	Nico van Hoepen	RACO	DISQ
	(10)	Ephraim Chuene	POC	DISQ

SA Champs 2019 Long Olifantsgeraamte West

Results - M40 (7.8km, climb 350m)

1	(27)	Jeremy Green	RACO	1:18:23
2	(74)	Paul Wimberley	RACO	1:19:25
3	(2)	Eugene Botha	ROC	1:19:46
	(5)	Keith Bowen	RACO	DISQ
	(47)	Garry Morrison	RACO	DISQ

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Results - M50 (6.8km, climb 290m)

1	(41)	David Mercer	ROC	1:54:48
2	(14)	Brian Courtnage	RACO	2:12:01
3	(69)	Gavin Venter	RACO	2:17:15
4	(52)	Craig Ogilvie	ROC	2:20:33
5	(20)	Charles Dos Santos	RACO	2:33:29
	(16)	Glynn de Klerk	RACO	DISQ

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Results - M60 (5.2km, climb 240m)

1	(6)	Ian Bratt	ROC	1:19:52
2	(36)	Richard Lund	RACO	1:27:04
3	(18)	Pat De Klerk	RACO	1:29:27
4	(7)	Derek Brentano	RACO	1:41:56
5	(1)	Roger Blane	RACO	1:48:15
6	(42)	Stephen Mills	N/A	1:57:02

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Results - M70 (4.4km, climb 220m)

1	(56)	Ken Robinson	ROC	1:18:49
2	(13)	Glen Comins	ROC	1:53:11
3	(33)	Peter King	PenOC	1:54:07
4	(55)	Charles Raban	RACO	2:07:36
5	(61)	Glen Terry	PenOC	2:18:04

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Results - M80 (2.5km, climb 110m)

1	(60)	Neville Stocks	PenOC	0:36:00
	(34)	Klaus Kreft	RACO	DISQ

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Results - Open Long (4.8km, climb 150m)

1	(32)	Paul Hancock	RACO	1:21:54
2	(79)	Leila & Jean	N/A	1:37:43
3	(19)	Barbara de Leeuw-Morrison	RACO	1:38:43
4	(78)	Laura dos Santos	RACO	2:38:46
	(67)	Rona van Hoepen	RACO	DISQ

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Results - Open Short (1.5km, climb 40m)

1	(25)	Leah Ferreira	ROC	0:17:41
2	(68)	Willemien van Hoepen	RACO	0:25:33
3	(80)	Craig Pienaar	N/A	0:35:45
4	(65)	Uyster Group (GRP)	N/A	0:43:31
5	(77)	Abigail Barker	N/A	0:49:44

SA Champs 2019 Long Olifantsgeraamte West

Results - W12 (1.5km, climb 40m)

1	(29)	Teagan Green	RACO	0:12:24
2	(26)	Gemma Green	RACO	0:14:50

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Results - W16 (4.4km, climb 220m)

1	(22)	Shelby Dos Santos	RACO	1:51:48
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SA Champs 2019 Long Olifantsgeraamte West

Results - W20 (6.8km, climb 290m)

1	(75)	Sarah Wimberley	RACO	1:37:23
2	(73)	Heather Wimberley	RACO	1:58:17
3	(71)	Micaela Venter	RACO	3:08:32
	(37)	Tshegofatso Mahlatji	POC	DISQ
	(38)	Dimakatso Mapheto	POC	DISQ

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Results - W21A (5.2km, climb 240m)

1	(64)	Jacori Uys	PenOC	1:28:30
2	(30)	Emily Hancock	RACO	2:00:22
3	(43)	Wendy Mohale	POC	3:06:18

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Results - W21E (7.8km, climb 350m)

1	(3)	Michele Botha	ROC	1:41:31
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Results - W35 (6.8km, climb 290m)

1	(76)	Tania Wimberley	RACO	1:50:29
2	(50)	Stephanie Mulder	ROC	2:50:30

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Results - W45 (5.2km, climb 240m)

1	(28)	Kirsten Green	RACO	1:43:06
2	(8)	Karen Chambers	RACO	1:58:58
3	(11)	Sandra Clelland	RACO	2:42:39
	(48)	Violet Mothapo	POC	DISQ

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Results - W55 (5.2km, climb 240m)

1	(15)	Alison Curtis	RACO	1:52:32
2	(59)	Jenny Saunders	RACO	3:19:09

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Results - W65 (4.4km, climb 220m)

1	(17)	Joan De Klerk	RACO	2:12:03
	(12)	Delphine Comins	ROC	DISQ

SA Champs 2019 Long Olifantsgeraamte West

Results - W75 (2.5km, climb 110m)

1	(62)	Sheila Terry	PenOC	1:03:17
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